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## **WELCOME TO THE NEW CHAPTER OF YOUR DENTAL PRACTICE!**

We are delighted to introduce ourselves as the new owners of The Beeston Dentist (formally Dentspa).

As a family-owned practice, we understand that visiting the dentist is about more than just dental care—it's about feeling comfortable, cared for and confident in the people looking after your health. These three principles— Care, Comfort and Confidence—will guide everything we do.

Firstly, we would like to reassure you that your dental records remain secure. Any existing appointments will continue as planned, or one of our team members will contact you by phone to rearrange them if necessary. Our priority is to ensure a smooth and seamless transition, while continuing the high standard of care that patients have trusted for many years.

[www.thebeestondentist.co.uk](http://www.thebeestondentist.co.uk)



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## OUR PROMISE TO YOU

### Comfort

We strive to create a welcoming and relaxed environment where every patient feels at ease.

Whether you're a long-standing patient or visiting us for the first time, we want every experience to be as comfortable and stress-free as possible.

### Care

We believe great dentistry begins with listening. Our team is committed to providing personalised care, taking the time to understand your needs, answer your questions, and support your oral health journey with kindness and professionalism.

### Confidence

We want every patient to feel confident—in their smile, in their treatment decisions, and in the team caring for them. Through clear communication, clinical excellence and a patient-centred approach, we aim to build lasting relationships founded on trust.



## OUR TEAM

**Mr Karamvir Singh Takhar (Rocky) - GDC 267084**

### Principle Dentist

Many of you will already know me, but for those I have not yet had the pleasure of meeting, I am Mr Takhar, Principal Dentist and proud owner of the practice. I have been practising dentistry for over 13 years and have a particular interest in dental implants, Invisalign®, composite bonding and veneers. My career began with a strong focus on minimally invasive restorative dentistry, and that philosophy continues to underpin my approach today—providing bespoke treatment that preserves as much natural tooth structure as possible while delivering long-lasting, natural-looking results.



My aim is simple: to provide exceptional dental care in a welcoming environment where every patient feels comfortable, valued and confident in their treatment. Whether you're visiting for routine care, restorative dentistry or a complete smile transformation, I am committed to delivering personalised, high-quality care tailored to your individual needs.

Taking ownership of the practice marks an exciting new chapter. My vision is to combine clinical excellence with genuine patient care by investing in the latest technology, advanced techniques and a dedicated team who share the same commitment to outstanding dentistry.

It is a privilege to care for our patients, and I look forward to building lasting relationships within our community while helping you achieve and maintain a healthy, confident smile for life.

**Let me introduce you to my wonderful team...**



## **Amanda Holmes - Dental Therapist**

**GDC: 6171**

Amanda graduated in 2002 from The Eastman Dental Hospital, London, with a dual qualification in Dental Hygiene and Dental Therapy. Following graduation, she spent 12 years working across general practice and special care dentistry within the Community Dental Service, caring for some of the most vulnerable patients in the community.

She has continued her passion for dentistry by completing a post-graduate qualification in Restorative and Aesthetic Dentistry. Alongside her role at The Beeston Dentist, Amanda also supports head and neck cancer patients through their pre- and post-treatment care at a large specialist hospital.

Known for her calm and compassionate approach, Amanda takes pride in building trusting relationships with patients and working collaboratively with the wider dental and medical teams. She is committed to continuous professional development and maintaining high clinical standards to deliver the best possible patient outcomes.

Outside of work, Amanda enjoys spending time with her family, walking her dog, baking, and catching up with family and friends.





## Rajpreet Takhar - Receptionist



Rajpreet, my wife, is a proud co-owner of The Beeston Dentist as well as the friendly face that will greet you upon arrival. Rajpreet strives to make every patient feel welcome, comfortable and at ease from the moment they walk through our doors.

Building relationships with patients and creating a positive experience for everyone is one of the things Rajpreet enjoys most about her role. Whether a patient has a question, needs reassurance, or simply a warm smile and a friendly chat, Raj is always happy to help.

Our values of Care, Comfort and Confidence are at the heart of everything we do, and Raj's aim is to ensure every patient feels valued, supported and confident in the care they receive. Rajpreet looks forward to welcoming you and helping your visit with us as pleasant as possible.

Outside of work Rajpreet enjoys making memories with her family, the great outdoors and reading books by the week.



**Viktoriia S - Dental Nurse**

**GDC 294183**

Having worked in dentistry since 2008 and joined the practice in 2022, Viktoriia is committed to providing the highest standard of patient care and ensuring every patient feels welcomed, comfortable and well looked after.

Known for her caring and professional approach, Viktoriia enjoys building positive relationships with patients and supporting them throughout their dental journey. Helping patients feel at ease and leave with confidence is one of the most rewarding aspects of her role.

The trust and appreciation she receives from patients are a constant source of motivation, inspiring her to deliver exceptional care and create a positive experience for everyone who visits the practice.



**May - Dental Nurse**

**GDC: 279963**

May has been working as a Dental Nurse since 2016 and is passionate about providing high-quality patient care and support. She holds a BSc (Hons) degree in Public Health and has continued to expand her skills through further qualifications in Dental Radiography and CBCT Scanning. May is also an experienced Implant Nurse, assisting with a wide range of implant procedures and helping patients feel comfortable throughout their treatment journey. She enjoys being part of a dedicated dental team and takes pride in creating a welcoming and positive experience for every patient. Outside of work, May is a proud mum to two boys and loves spending quality time with her family, especially enjoying outdoor activities and making lasting memories together.





### **Paula - Dental Nurse**

**GDC: 272162**

Paula is a qualified Dental Nurse who gained her NEBDN qualification in 2017 and has over 10 years of experience working in dentistry. Throughout her career, she has developed a broad range of skills and enjoys supporting both patients and clinicians across all aspects of dental care. Alongside her clinical role, Paula has a particular interest in compliance and practice management. She is passionate about ensuring the practice maintains the highest standards of safety, quality, and patient care, helping to create a welcoming and well-organised environment for both patients and staff. Known for her friendly and approachable nature, Paula enjoys helping patients feel relaxed and comfortable throughout their visits. Outside of work, she loves baking, spending time with her family and making the most of a healthy work-life balance.



### **Lucie - Dental Nurse**

**GDC: 135637**

Lucie has been a qualified Dental Nurse for over 20 years, with experience across NHS, private, and military dental settings. In addition to her dental nursing qualification, she is also a qualified Oral Health Educator and Orthodontic Nurse.

She particularly enjoys implant and general dental nursing, with a strong focus on patient care and comfort. Known for her calm and reassuring approach, Lucie is passionate about helping nervous patients feel at ease and supporting them throughout their dental journey.

Having lived in Toton for much of the past 18 years, Lucie is an active member of the local community. Outside of work, she enjoys year-round outdoor swimming, gardening, crocheting, and singing with the Military Wives Choir at Chilwell Barracks.





## TREATMENTS WE PROVIDE:

- Examinations and Hygiene
- Invisalign
- Dental implants
- Composite bonding
- Veneers
- Dentures
- Whitening

## LOOKING AHEAD

While much will remain familiar, we are excited about investing in the future of the practice. Our vision is to combine modern dentistry with a personal touch, creating a practice where patients of all ages feel welcomed, valued and supported.

## STAY CONNECTED

**Phone: 0115 718 3679**

**Email: [hello@thebeestondentist.co.uk](mailto:hello@thebeestondentist.co.uk)**

**Website: [www.thebeestondentist.co.uk](http://www.thebeestondentist.co.uk)**

We are grateful for the opportunity to serve this wonderful community and look forward to meeting you personally in the coming weeks and months.

Thank you for your continued trust. We are excited to begin this new chapter together and to help you and your family enjoy healthy, confident smiles for years to come.

Warm regards,

Rocky

The Team at The Beeston Dentist



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## TREATMENT EXAMPLES:

